

EMUNAH - FAITH BULLETIN # 3

**WHO IS THE WEALTHY ONE? THE ONE WHO
IS HAPPY WITH HIS PORTION (PIRKE AVOT)**

REBBE NACHMAN SAYS: SIMPLE EMUNAH FAITH IN HASHEM IS A GREAT THING

Rebbe Nachman mi Bresslov said: (Sichot ha Ran Siman 32): One has to strengthen himself with faith and without second thoughts and without looking for sophisticated answers, but only to believe in the Blessed Creator with absolute simplicity. And one has to discard from his heart and from his mind all doubts and confusions, and only believe in the Blessed Creator, for we already merited to receive the holy Torah through Moshe Rabbenu and we already had great and holy Tzaddikim in every generation, and it is proper for us to rely on them without much investigation and to travel in their footsteps. And to believe in the Blessed Creator with simplicity, and to fulfill His Torah and His Mitzvot, as they were transmitted to us by our holy forefathers. And the one who accustoms himself to study the Holy Torah and to study the truthful books written by our Holy Tzaddikim in every generation, those that are built on the foundations of the Holy Torah, and also studies the Gemarah and the Midrashim and the Zohar ha Kaddosh,, this person will awaken and will be strengthened with the holy faith. Because the words of our Holy Tzaddikim they are spiritual lights that they merited to receive from above through their great exertion in their studies and in their service to the Blessed Creator, and the person who studies their words receives life for his soul through them. And this protects the person from the leprous affliction, from the books of those who crush the faith, and in these generations he will be protected from evil newspapers that are included in the category of heretical books, those who cool down the holy faith and fill the person with doubts and confusion. And also the person will be

protected from those people who make fun of the good people who fear Hashem, for we have to separate from them like one would separate from a person with a contagious disease. For even the breath of the mouth of these people is impure and it can damage you. Fortunate is the one who runs to the Holy Torah and clings himself to the good and decent men who fear Hashem, the authentic ones in every generation, those who act thus will be strong in their simple faith the Blessed Creator, Amen.

...Rebbe Nachman says: “When a person fails to focus on the ultimate purpose then what is the point of his life? The soul constantly yearns to do the will of her Maker. When she sees that this person is not carrying out His will, the soul becomes filled with yearning to return to her Source, and she prepares to leave the body. As a result, the person becomes sick, because the power of his soul is weakened., owing to the fact that she is trying to withdraw from his body since he is not carrying out her desire. The soul’s only wish is that he should carry out God’s will. “The reason a person’s health returns through taking medicines is that his soul sees that he is able to control himself and to act contrary to his physical desires and habits. Perhaps he is accustomed to eating bread and other foods, but now he curbs his desires and submits to a medical regime, taking bitter medicines for the sake of his health. .His soul sees that he has the power to control his impulses in order to achieve a certain goal, and she therefore comes back to him in the hope that he will curb his desires for the sake of the true purpose — which is to carry out the will of the Creator” (Likutey Moharan 1, 268)

R. Huna said in the name of Rav who quoted R. Meir, and so says R. Akiva: A person should make it a habit always to say:

“Everything Hashem does, He does for good.” (Berachot 60b)